SASCOH WESTERN CAPE INVITES YOU TO THE 38TH CONFERENCE & AGM

HARVESTING KNOWLEDGE

HARVESTING KNOWLEDGE IN THE FOLLOWING:

1. ETHICS
2. LEADERSHIP
3. MANAGEMENT
4. TECHNOLOGY
5. RESEARCH
SASOHN CONFERENCE 2018

WORKSHOPS
- 31 October 2018
- 31 October 2018 12h00 - 13h00
- 31 October 2018 13h00 - 16h00

COCKTAIL EVENING
- 31 October 2018 18h00 - 21:00

CONFERENCE DAY
- 1 November 2018 06:30 - 07:30
- 1 November 2018 07:45 - 16h00

   Delegates need to be seated by 07h45 when the programme commences

GALA DINNER
- 1 November 2018 19h00

AGM
- 2 November 2018 08h00-13h00 (lunch incl. only for delegates that have booked to attend)

Registration will start from 08h30

Lunch for the workshop delegates ONLY

Three Workshops - You can only choose one.

50 delegates per workshop.
SPIER HOTEL: Breakfast incl. R2858.30 Per double room
Book at: reservations@spier.co.za
For SASOHN conference rate above (R2830 +1% tourism levy), quote: BID 2093325

Alternative accommodation: (within a 12 km radius) * rates are an approximate *
- ASARA (R4950 & up per room per night - send a price enquiry) reservations2@asara.co.za
- Cultivar Guest House (R1990 per unit B&B) cultivarmanager1@gmail.com
- Protea Hotel (R1645 block booking) phreservations@phstellenbosch.com
- Eendracht Hotel & Apartments (refer to website www.eendracht-hotel.com for rates)
- Fijndraal Cottages (approx. R1800 per night) info@fijndraal.com
- Vredenheim Guest House (R1650 per unit) wine@vredenheim.co.za
- Protea Dorpshuis Hotel (from R2005 single, R2520 double) reservations2@dorpshuis.co.za
- Lord Charles Hotel (R1740 single, R1980 double B&B) a.smith@nh-hotels.com

Booking sites:

PLEASE ARRANGE YOUR OWN TRANSPORT (Airport shuttles and shuttles to & from the conference can be arranged with the hotels and guest houses at a fee)
Planting the seeds of publishing your own research activities

For those who have asked the questions:

“I wonder if anyone else has similar results?” or
“This is so interesting, perhaps I should share it?”

Then this workshop is for you!

If you have a desire to gain a starting point for the development of your research, Dr Regis Rugira Marie Modeste will provide you with the tools to get you going!

The workshop aims to empower the Occupational Health Nurse Practitioner (OHNP) to plant the seeds of research conducted or to be done in the environment in which they are working.

Pre-conference workshop 1
Chair: Judy Hendra & Sandra Muller
Programme: 12:00 - 13:00 Lunch

Research
Venue: Simonsberg Room
13:00 - 16:00 Workshop
Developing your personal brand for a budding career

You know who you are, what you represent and what you do, but do others - and most importantly, does your management?

Mr Terence Hermanus will define the concept of personal branding and enlighten and entertain you, with the notion of self-marketing and how to optimally promote your value.

Nurses are notoriously self-effacing and this workshop will provide you with the strategies that allow you to promote yourself and the valuable work that you do.

Pre-conference workshop 2
Chair: Karla Whiley & Ellen Conradie
Programme: 12:00 - 13:00 Lunch

Personal Branding
Venue: Stellenberg Room
13:00 - 16:00 Workshop
Growing self-knowledge
in an alternative aspect of your intelligence

If you have ever wondered why you struggle to focus in an open plan office,
whilst your colleague is perfectly content,
or why the bright lights overhead give you a headache,
then you may want to explore your “sensory intelligence”.

Occupational Therapist, Dr Annemarie Lombard, will explore and guide you to understanding not
only yourself better but also importantly:
How to best place or assist your employee with regards to optimal working conditions.

Pre-conference workshop 3  Sensory Intelligence
*how to create happy & healthy office environments

Chair: Theresa Bosman & Karen Koegeleenberg  Venue: Helderberg Room
Programme: 12:00 - 13:00 Lunch  13:00 - 16:00 Workshop
Cocktail Evening  
31 October 2018
18:00 - 21:00
Dress: Casual & comfortable Flat shoes for cobble stones

- Come join the fun under the fresh night sky.
- Sample the delights at the canape stalls
- Capture the moments at the photo-booth
- Browse the craft stalls & indulge yourself and your loved ones with spoils and gifts
- Sip on a cocktail or the delights of the vine
- Feel the music and let the atmosphere fill your soul
- Live, love, laugh and dare to dream

Craft stalls incl.: Perfume, pens, hand bags, custom printed mugs & curios and prices vary from R50 to R500
Payment options incl. Cash only, Credit Card Facilities, Snap Scan & Zapper - so come prepared...

Cash bar will be available
HARVESTING KNOWLEDGE

Session I  Cellar Master: Joan Visser  Harvesting
07:45 – 07:50  Spier Safety Induction  Denise Minnie
07:50 – 08:00  Welcome & Opening address
08:00 – 08:05  Sponsor: PRISMIA  Sharon Russell
08:05 – 09:00  Communicating with Passion  Prof P Engel-Hills
Sponsor:
09:00 – 09:40  Ethical Decision Making for the OHNP  Dr Jack Meintjes
09:40 – 10:15  Case Studies with lessons learned
10:15 – 10:45  Tea time – & visit the exhibitors

Session II  Cellar Master: Sandra Muller  Fermenting
10:45 – 10:50  Sponsor: HOMEMED  Michael Baigraim
10:50 – 11:30  Absenteeism and dodgy certificates  Dr Younus Essack
11:30 – 12:10  Biological monitoring standards  Prof Karien Jooste
12:10 – 12:45  Self-Leadership in OH Nursing Practice
12:45 – 13:45  Lunch time - & visit the exhibitors

Session III  Cellar Master: Helen Horsman  Bottling
13:45 – 13:50  Exhibitor lucky draws  Naasie Copeling
13:50 – 13:55  Sponsor: FUTURELIFE  Dr Daniela Gachago
13:55 – 14:35  Designing Blended Learning for Nursing Education  Debbie Jackson
Sponsor:
14:35 – 15:15  The Millennial magic – coaching & mentoring  Dr Jack van Zyl
15:15 – 15:50  OH & Employee Benefits
15:50 – 16:00  Closing

SASOHN reserves the right to change the venue, topics & speakers without prior notice
Harvesting
Sharen Russel: Harvesting workable communication skills to enhance your practice.
Professor Penelope Engel-Hills: Ethical principles and their application, inherent or harvested?
Dr Jack Meintjies: Occupational health theory in practice: a gathering of information.

Fermenting
Michael Bagraim: Sour grapes or seriously ill? Sharing knowledge of the law and the application thereof in relation to absenteeism.
Dr Younus Essack: Standards for biological monitoring, knowing when and how to collect and when to ferment...
Professor Karien Jooste: The fermentation process as developmental, self-leadership growth and progression.

Bottling
“Designing Blended Learning for Nursing Education”; Dr Daniela Gachago: A merlot of blended learning for the successful bottling of nursing education.
Debbie Jackson: Exploring the wonder that the millennial brings to the workplace.
Dr Jack Van Zyl: Uncorking and exploring employee benefits relating to disability in occupational health.
You are invited to the Uuncorked SASOHN GALA DINNER

Date: Thursday 1 November 2018
Time: 19:00
Venue: The Auditorium
Dress: Formal to Semi-formal with a vintage touch

Join us for an evening of celebration and awards
AGM
02 NOVEMBER 2018

Time: 08:00 – 13:00
Packed lunch included only for delegates who have booked to attend