

# WestRand Region Regional Academic Program – 2026



*Enhancing knowledge sharing and professional development for Occupational Health professionals across regions.*

## WestRand Regional Committee Members 2026

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## Notes:

- All events are subject to change. Please check for updates as needed.
- For virtual events, meeting links will be sent prior to the session.
- If attending in person, please RSVP to secure your spot.

## February

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Conflict management in the workplace	Nomusa	11 <sup>th</sup> & 13:00	SANBS	Virtual/Face-to-Face	Microsoft

## March

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Skin conditions in OH	TBC	11th & 13:00	TBC	Virtual/Face-to-Face	Microsoft

## April

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Chronic disease management in the workplace	TBC	15 <sup>th</sup> – 13:00	SANBS	Virtual/face-2-face	Microsoft

## May

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Regional workshop: Back to basics	TBC	20 <sup>th</sup> – 7:30	TBC	Face-to-Face	None

## June

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Walk through	TBC	10 <sup>th</sup> - 13:00	Harmony Mine	Face-to-Face	None

## July

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Updated guidelines on HAART, STI & TB protocols	DoH	15 <sup>th</sup> - 13:00	SANBS	Virtual/Face-to-Face	Microsoft

## August

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Women's day/New noise regulation	TBC	19 <sup>th</sup> - 13:00	SANBS	Virtual/Face-to-Face	TBC

## September

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Regional AGM (Voting)	Speakers from the region	16 <sup>th</sup> – 13:00	SANBS	Virtual/Face-to-Face	Microsoft

## October

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Laughter therapy		14 <sup>th</sup> - 13:00	TBC	Virtual/Face-to-Face	Microsoft

## November

Date & Time	Venue	Mode of Meeting	Meeting Link
TBC	Vaal/SASOHN AGM	TBC	Booking: <a href="http://www.sasohn.co.za">www.sasohn.co.za</a>