

Western Cape Regional Academic Program – 2026



Enhancing knowledge sharing and professional development for Occupational Health professionals across regions.

Western Cape Regional Committee 2026

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Notes:

- All events are subject to change. Please check for updates as needed.
- For virtual events, meeting links will be sent prior to the session.
- If attending in person, please RSVP to secure your spot.

January

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Medical Malpractice for Medical Professions. Back to basics: Memory exercise	Garrun CFP TBA	28 th 14h00 – 16h00	Online	MS Teams -Virtual	Link will be provided

February

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Noise Measurement & control Back to basics: PPE, choose and evaluate fitness to wear	TBA	25 th 14h00 – 16h00	Online	MS Teams -Virtual	Link will be provided

March

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Substance Abuse Back to basics: No	TBA Name	25 th 13h00- 16h00	Online	MS Teams -Webinar	Link will be provided

April

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Ethics & Professional Boundaries HCA (Position Paper) Back to basics: No	TBA Name	29 th 14h00 – 16h00	Online	MS Teams -Virtual	Link will be provided

May

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
ACADEMIC DAY Cape Town No General Meeting	Speakers TBA	14 th 08h00- 16h00	TBA	Face-to-Face	N/A

June

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
EEA: risk based medical surveillance & disability management Back to basics: Hypertension guidelines	TBA Name	24 th 14h00 – 16h00	Online	MS Teams -Virtual	Link will be provided

July

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Intro into risk assessment Back to basics: Ionizing & non-ionizing radiation	TBA Name	29 th 14h00 – 16h00	Online	MS Teams -Virtual	Link will be provided

August

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Kaleidoscope No General Meeting	Speakers TBA	14 th 08h00- 16h00	TBA	Face-to-Face	N/A

September

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
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Annual General Meeting Nurses Appreciation session	Speaker TBA	16 th 13h00- 16h00	TBA	Face-to-Face	N/A
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October

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Using MS Word to write a report functionality and how to use AI to write a report Back to basics: Plastics- types and recycling	TBA Name	28 th 14h00 – 16h00	Online	MS Teams -Virtual <i>Last General Meeting for 2026</i>	Link will be provided

November

Date & Time	Venue	Mode of Meeting	Meeting Link
07th 11h00-14h00	TBC	HLM Lunch	Face to face
25-27th Full Day Conferencing		National Conference & AGM	Face to face