

45th SASOHN Annual Conference Programme

Theme: Surfing the Waves of Change

PRE- CONFERENCE WORKSHOPS 13:00 – 16:30

DAY 1 19 Nov 2025

Pre-Conference Workshops Registration:10:00 -13:00

WORKSHOPS @13:00 -16:30

- 1. Charging through the Artificial Intelligence Wave: Opportunities, Wipeouts, and the Shifting Lineup for Occupational Health Nurse Practitioners.
- 2. Duck diving into the Noise Zone: Recalibrating the Hearing Conservation Programme, aligning with the New Noise Regulations.
- 3. Navigating the Mental Health Currents in the Modern Workplace: The Crucial Role of Occupational Health Nurse Practitioners.

COCKTAIL EVENING @ 18:00 @ Gateway Hotel Dress Code:

Beach Vibes

Smart Casual Attire

DAY 2 20 Nov 2025

6:30 – 8:00 Dropping in & Conference Registration

8:00 - 8:15

Catch the Wave with us & Surfs Up ,Be Safe

8:15 - 9:00

Tides of Climate Change and Workplace Health:
The Role of Occupational Health Nursing in
Balancing the Swell of Emerging Challenges.

9:00 - 9:45

From Shore to Surf—Navigating NHI with Purpose: The OHNPs role in Strategic Planning, Preparedness, Integration, and Implementation of NHI in the Occupational Health Seascape.

9:45 - 10:15 Tea B

Tea Break & Exhibitors

10:15 - 11:15

Riding the e-Health Wave—Balancing Access, Privacy, and Progress: Digital Processes & Tools, and other Considerations with this Advancing form of Healthcare Delivery. 20 Nov 2025

11:15 - 12:00

Remote Work Realities, Caring form Coast to Screen: Mental Health, Ergonomics, and Monitoring Challenges for Occupational Health Nurse Practitioners.

12:00 – 12:45 Lunch Break 12:45 – 13:15 Exhibitors

13:15 – 13:45 Sponsored Spotlight:

The New Advanced Spirometer

13:45 - 14:30

Exploring the Depths of Discovery: Research Study Presentations by our very own.

14:30 - 15:15

Steering Through the Digital Swell— Ethical, Legal, Professional OH Practice: Legislation consideration and Ethical conduct when employing digital healthcare tools and platforms.

15:15 - 16:00

Prepared to Lead in Shifting Tides: Empowered, Inclusive, and Agile Leadership for Every Wave.

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DAY 2 20 Nov 2025

GALA EVENING AND SASOHN AWARDS

@Gateway Hotel

@18:00

Theme: Ocean Swirls
Glam

Dress Code: Formal

DAY 3 21 Nov 2025

SASOHN ANNUAL

GENERAL MEETING

@8:00 - 13:00

Conference Fees:

Members – R6850 Non-Members – R7850 Honorary Life Members – R5850

Cocktail for Partners – R 680 Gala for Partners – R780

Exhibitors – R5850 (max, x 2 per people per table)

