

SASOHN KZN COASTAL REGION

WELCOMES YOU TO THE WARMEST REGION

For the

SASOHN 45th

Annual Conference

Surfing the Waves of Change

19 – 21 November 2025

Gateway Hotel, Durban



45th SASOHN Annual Conference Programme



Theme: Surfing the Waves of Change

DAY 2
20 Nov 2025

PRE-CONFERENCE WORKSHOPS 13:00 – 16:30

DAY 1
19 Nov 2025

10:00 -13:00 Pre-Conference Workshops Registration:

13:00 -16:30 WORKSHOPS

1. **Charging through the Artificial Intelligence Wave: Opportunities, Wipeouts, and the Shifting Lineup for Occupational Health Nurse Practitioners**

Mr.Nico Myburgh, Clinical Manager, Robotic Division, **Medhold.**
Mr. Brendan McNamara, Regional Manager, **Smith & Nephew,**
2. **Duck diving into the Noise Zone : Recalibrating the Hearing Conservation Programme, aligning with the New Noise Regulations.**

Dr Robin Virgil George, Senior Occupational Medicine Practitioner (OMP) and National Operations Manager, **Workforce Healthcare.**
3. **Navigating the Mental Health Currents in the Modern Workplace: The Crucial Role of Occupational Health Nurse Practitioners.**

Mr. Dylan Ramsay, Business Manager, Psychotherapist, Onsite Manager, **Life Health Solutions.**

COCKTAIL EVENING @

18:00

@ Gateway Hotel
Dress Code:
Beach Vibes,
Smart Casual Attire

DAY 2
20 Nov 2025

6:30 – 8:00 Dropping in & Conference Registration

8:00 - 8:15 Catch the Wave with us & Surfs Up ,Be Safe

8:15 - 9:00 Tides of Climate Change and Workplace Health: *The Role of Occupational Health Nursing in Balancing the Swell of Emerging Challenges.*

Mr. Thabani Gambu. Director- Environmental Quality Management at the KZN Econo Dev, Tourism and Enviro Affairs.

9:00 - 9:45 From Shore to Surf—Navigating NHI with Purpose: *The OHNPs role in Strategic Planning, Preparedness, Integration, and Implementation of NHI in the Occupational Health Seascape*

Mrs. Linda Dlamini ,District Director ,UGU District ,KZN Department of Health.

9:45 - 10:15 Tea Break & Exhibitors

10:15 - 11:15 Riding the e-Health Wave—Balancing Access, Privacy, and Progress: *Digital Processes & Tools, and other Considerations with this Advancing form of Healthcare Delivery.*

Dr Yashik Singh. Head and Academic Leader ,e-Health Discipline ,**University of KwaZulu Natal.**

11:15 – 12:00

Remote Work Realities, Caring form Coast to Screen: *Mental Health, Ergonomics, and Monitoring Challenges for Occupational Health Nurse Practitioners.*

Dr Sujatha Hariparsad- Occupational Medicine Specialist and Senior Consultant, **University of KwaZulu Natal.**

12:00 – 12:45

Lunch Break

12:45 – 13:15

Exhibitors

13:15 – 13:45

Sponsored Spotlight: The New Advanced Spirometer

13:45 - 14:30

Exploring the Depths of Discovery: *Research Study Presentations by Master's graduates.*

1. **Mrs. Khanyoh Zuma**, OHNP ,(Topic: Knowledge and attitude of financial management amongst nurse managers in two selected districts in KwaZulu-Natal)
2. **Mrs. Jabu Hlophe** ,OH Coordinator (Acting), College of Health Science ,**University of KwaZulu Natal.** (Topic: Factors affecting the utilization of family planning services amongst nursing undergraduate students at Howard College campus, UKZN).

14:30 – 15:15

Steering Through the Digital Swell— Ethical, Legal, Professional OH Practice: *Legislation consideration and Ethical conduct when employing digital healthcare tools and platforms.*

Advocate Samukelisiwe (Samke) Mbatha ,Johannesburg Society of Advocates & member of Advocates Group 21.

15:15 – 16:00

Prepared to Lead in Shifting Tides: Empowered, Inclusive, and Agile Leadership for Every Wave.

Mrs. Yolande Toohey , Neuro Transformation Facilitator, Speaker, and Coach, **Yolande Toohey Consultants.**

45th SASOHN Annual Conference



Surfing the Waves of Change

DAY 2
20 Nov 2025

**GALA EVENING
AND
SASOHN AWARDS
@Gateway Hotel**

Theme: @18:00
**Ocean Swirl
Glamour**
Dress Code:
Formal

DAY 3
21 Nov 2025

**SASOHN ANNUAL
GENERAL MEETING**

@8:00 – 13:00

Conference Fees

Members – R6850
Non-Members – R7850
Honorary Life Members – R5850
Cocktail for Partners – R 680
Gala for Partners – R780
Exhibitors – R5850 (max, x 2 per people per table)

Transport options to King Shaka International Airport

FLIGHTS

Direct flights are available from all major cities in South Africa. Please book online or with your nearest travel agent.

Transport options from King Shaka International Airport Gateway Hotel ,Umhlanga.

UBER RIDES CAR HIRE

Bidvest, Hertz, Avis, Woodford, Tempest or Europcar

PRE-BOOKING IS BEST!!

Accommodation options near Gateway Hotel, Umhlanga

Royal Palm Hotel	0.2 km
Road Lodge Umhlanga Ridge	0.2 km
City Lodge Hotel Umhlanga Ridge	0.2 km
Protea Hotel Fire & Ice! by Marriott	0.3 km
Coastlands Umhlanga Hotel	0.6 km
Holiday Inn Express Durban - Umhlanga	0.8 km
Premier Hotel ,Umhlanga	1,1 km
uShaka Manor Guest House	1.4 km
The Oyster Box	2.1 km
The Ocean Vista Boutique Geust House	2.6 km
The Pearls ,Umhlanga	2.6 km
Radisson Blu Hotel, Umhlanga	3.3km



THANK YOU