

46TH SASOHN ANNUAL CONFERENCE PROGRAMME

Theme: Resilience and Renewal

18 - 20 NOVEMBER 2026 | RIVERSIDE SUN HOTEL, VANDERBIJLPARK

Pre-Conference Workshop | Full Day Programme
Building Resilience | Promoting Renewal | Leading the Future

DAY 1 - 18 Nov 2026

10:00 - 12:00	Welcoming tea and Pre-Conference Workshops Registration
12:00 - 13:00	Lunch
13:00 - 16:30	Workshop

1. Strengthening Foundations
Advanced Occupational Health Risk Assessment & Management. In-depth hazard identification & evaluation (physical, chemical, biological, ergonomic, psychosocial). Practical tools & risk matrices. Developing effective risk management plans. - ***Mariaan Smit***

2. Restoring Balance
Mental Health & Well-being Toolkit for OHNs. Prevalence & impact of workplace mental health issues. Early identification, intervention & referral strategies. Workplace mental health program development. Addressing burnout & promoting resilience. - ***Jorina Smit***

3. Anchoring Practice
Legal & Ethical Frameworks in Occupational Health. Updates on legislation (OHSA, COIDA). Ethical considerations: confidentiality, informed consent, professional responsibility. Navigating legal challenges & compliance. - ***Francois Nel***



COCKTAIL EVENING

Theme: **Express your Rhythm & Roots @ 18:00**

Riverside Sun Hotel
Dress Code: Smart Casual

Add a cultural, creative, or nature-inspired element to your outfit



46TH SASOHN ANNUAL CONFERENCE PROGRAMME

Theme: Resilience and Renewal

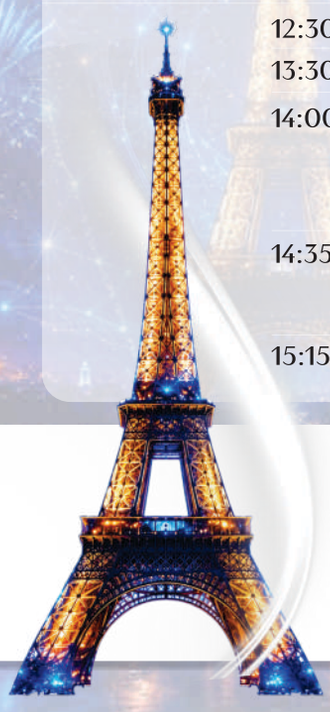
18 – 20 NOVEMBER 2026 | RIVERSIDE SUN HOTEL, VANDERBIJLPARK

Pre-Conference Workshop | Full Day Programme

Building Resilience | Promoting Renewal | Leading the Future

DAY 2 - 19 Nov 2026

06:30 - 08:00	**Rooting Connections**	*Arrival, Registration & Networking Exhibitors Open.*
08:00 - 08:15	**Setting the Tone for Resilience and Renewal in Occupational Health Nursing**	*Welcoming by SASOHN President & Opening Remarks.*
08:15 - 09:00	**Growing the Future of OH Nursing**	*The Future of Occupational Health Nursing in South Africa: Preparing OHNs to adapt, evolve, and thrive in a changing healthcare landscape through emerging trends with technology. -* ***Benjamin Amoils***
09:00 - 09:45	**Building Financial Resilience**	*Budgeting Strategies for Occupational Health Nursing. Equipping OHNs with financial knowledge to manage resources, demonstrate value, and sustain effective OH services. -* ***Dr Maryna Hattingh***
09:45 - 10:15	**Tea Break & Exhibitors**	
10:15 - 11:00	**Renewing Workforce Wellbeing**	*Integrating Wellness & Health Promotion into OH Programmes. Promoting sustainable health through prevention and holistic workplace wellness. -* ***Patricia Diatshwana***
11:00 - 11:45	**Leading Change with Confidence**	*The OHN as a Leader & Change Agent. Empowering OHNs to drive transformation through leadership, advocacy, policy influence, and stakeholder engagement. -* ***Jacqueline Demas***
11:45 - 12:30	**Strengthening Organizational Support**	*Building the Business Case for Occupational Health: Securing Management Buy-In. Demonstrating the value of OH services to strengthen organisational commitment and sustainability.* ***Christo Botha***
12:30 - 13:30	**Lunch Break**	
13:30 - 14:00	**Exhibitor Engagement & Networking**	
14:00 - 14:35	**Research & Innovation Showcase**	*Analyzing a need for an International Occupational Health and Safety Management Governing Body that manages Occupational Health in all disciplines.* ***Dr Bella Sepalamelo***
14:35 - 15:15	**Research & Innovation Showcase**	*Driving resilience: Resilient minds behind reliable railways.* ***Dr Michelle Bester***
15:15 - 16:00		*Inspiring Resilience, Personal Growth and Professional Renewal Through Laughter.* ***Dan Bota***



GALA EVENING & SASOHN AWARDS @ 18:00

Theme: **Paris Elegance: A Night of Renewal**

Riverside Sun Hotel

Dress Code: Formal Elegance

46TH SASOHN ANNUAL CONFERENCE PROGRAMME
Theme: Resilience and Renewal

18 - 20 NOVEMBER 2026 | RIVERSIDE SUN HOTEL, VANDERBIJLPARK

Pre-Conference Workshop | Full Day Programme
Building Resilience | Promoting Renewal | Leading the Future

DAY 3 - 20 Nov 2026

08:00 - 13:00 SASOHN ANNUAL GENERAL MEETING

CONFERENCE FEES

Members - R 7400.00
Non-Members - R 8400.00
Honorary Life Members - R 6300.00

Cocktail for Partner - R 730.00
Gala for Partner - R 840.00

Exhibitors - R 6300.00 (max, 2 people per table)

