



46TH SASOHN ANNUAL CONFERENCE PROGRAMME

Theme: Resilience and Renewal

18 – 20 NOVEMBER 2026 | RIVERSIDE SUN HOTEL, VANDERBIJLPARK

Pre-Conference Workshop | Full Day Programme
Building Resilience | Promoting Renewal | Leading the Future

DAY 1 - 18 Nov 2026

10:00 – 12:00 Welcoming tea and Pre-Conference Workshops Registration

12:00 – 13:00 Lunch

13:00 – 16:30 Workshop

1. Strengthening Foundations

Advanced Occupational Health Risk Assessment & Management. In-depth hazard identification & evaluation (physical, chemical, biological, ergonomic, psychosocial). Practical tools & risk matrices. Developing effective risk management plans.

2. Restoring Balance

Mental Health & Well-being Toolkit for OHNs. Prevalence & impact of workplace mental health issues. Early identification, intervention & referral strategies. Workplace mental health program development. Addressing burnout & promoting resilience.

3. Anchoring Practice

Legal & Ethical Frameworks in Occupational Health. Updates on legislation (OHSA, COIDA). Ethical considerations: confidentiality, informed consent, professional responsibility. Navigating legal challenges & compliance.



COCKTAIL EVENING

Theme: Express your Rhythm & Roots @ 18:00

Riverside Sun Hotel
Dress Code: Smart Casual

Add a cultural, creative, or nature-inspired element to your outfit



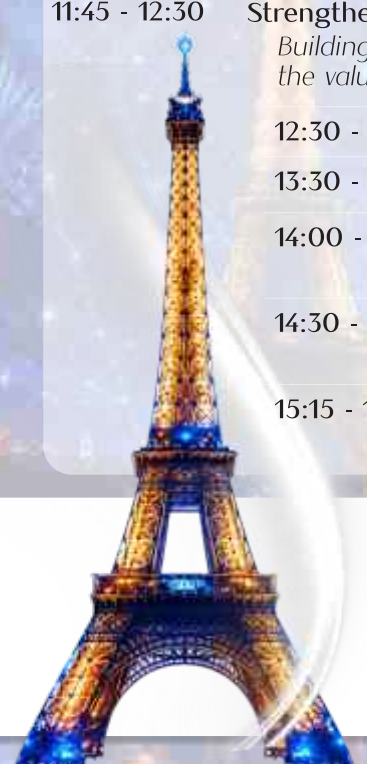
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DAY 2 - 19 Nov 2026

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- 06:30 - 08:00 Rooting Connections**
Arrival, Registration & Networking Exhibitors Open.
- 08:00 - 08:15 Setting the Tone for Resilience and Renewal in Occupational Health Nursing**
Welcoming by SASOHN President & Opening Remarks.
- 08:15 - 09:00 Growing the Future of OH Nursing**
The Future of Occupational Health Nursing in South Africa: Preparing OHNs to adapt, evolve, and thrive in a changing healthcare landscape through emerging trends with technology.
- 09:00 - 09:45 Building Financial Resilience**
Budgeting Strategies for Occupational Health Nursing. Equipping OHNs with financial knowledge to manage resources, demonstrate value, and sustain effective OH services.
- 09:45 - 10:15 Tea Break & Exhibitors**
- 10:15 - 11:10 Renewing Workforce Wellbeing**
Integrating Wellness & Health Promotion into OH Programmes. Promoting sustainable health through prevention and holistic workplace wellness.
- 11:00 - 11:45 Leading Change with Confidence**
The OHN as a Leader & Change Agent. Empowering OHNs to drive transformation through leadership, advocacy, policy influence, and stakeholder engagement.
- 11:45 - 12:30 Strengthening Organizational Support**
Building the Business Case for Occupational Health: Securing Management Buy-In. Demonstrating the value of OH services to strengthen organisational commitment and sustainability.
- 12:30 - 13:30 Lunch Break**
- 13:30 - 14:00 Exhibitor Engagement & Networking**
- 14:00 - 14:30 Research & Innovation Showcase**
Advancing Occupational Health Nursing through evidence-based practice.
- 14:30 - 15:15 Protecting Professional Integrity**
The Legal Risks of Emoji Communication in Occupational Health.
- 15:15 - 16:00 Motivational speaker**
Inspiring resilience, personal growth, and professional renewal.

GALA EVENING & SASOHN AWARDS @ 18:00

Theme: Paris Elegance: A Night of Renewal

Riverside Sun Hotel
Dress Code: Formal Elegance

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DAY 3 - 20 Nov 2026

08:00 - 13:00 SASOHN ANNUAL GENERAL MEETING

CONFERENCE FEES

Members – R 7400.00

Non-Members – R 8400.00

Honorary Life Members – R 6300.00

Cocktail for Partner – R 730.00

Gala for Partner – R 840.00

Exhibitors – R 6300.00 (max, 2 people per table)

