

Gauteng Central Regional Academic Program - 2026



SASOHN
SOUTH AFRICAN SOCIETY
OF OCCUPATIONAL HEALTH
NURSING PRACTITIONERS

Enhancing knowledge sharing and professional development for Occupational Health professionals across regions.

Gauteng Central Regional Committee Members 2026

Name	Position	Contact Number	Email Address
<i>Mercia Patience</i>	<i>Chairlady</i>	<i>082 579 9727</i>	<i>patierner48@gmail.com</i>
<i>Amanda van Jaarsveld</i>	<i>Secretary</i>	<i>071 480 6975</i>	<i>avanjaarsveld@hotmail.co.za</i>
<i>Adri Swanepoel</i>	<i>Treasurer</i>	<i>084 549 2513</i>	<i>swanniea@gmail.com</i>
<i>Thembisile Ntombela</i>	<i>Ed-Rep</i>	<i>0768929802</i>	<i>Mahlobo.t@gmail.com</i>
<i>Gitta Birk</i>	<i>PR</i>	<i>083 282 2117</i>	<i>gitta.birk@gmail.com</i>
<i>Annelise Breedt</i>	<i>Social Resp. Baby Box</i>	<i>082 499 5109</i>	<i>annelisebreedt@gmail.com</i>

Notes:

- All events are subject to change. Please check for updates as needed.
- For virtual events, meeting links will be sent prior to the session.
- If attending in person, please RSVP to secure your spot.

January

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
No Meeting					

February

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Sponsorships and CFP	Thembisile Ntombela	11 February 13:00	Macsteel Boksburg	Hybrid	[Link]

March

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
The Emotional Weight of Balancing Professional Compassion and Ethical Responsibility.	Meagan Abels	11 March 13:00	Macsteel Boksburg	Face – to-face	[Link]

April

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Mitigations of Target Organ Damage	Lancet/Ampath	8 April 13:00	Macsteel Boksburg	Hybrid	[Link]

May

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
SASOHN Academic day	TBA	TBA	TBA	TBA	[Link]

June

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Pivoting from Following to Leadership	Adri Swanepoel	10 June	Macsteel Boksburg	Face-to-Face	[Link]

July

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Epidemiology within the Workplace	Gitta Birk	8 July 13:00	Macsteel Boksburg	Hybrid	[Link]

August

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Workshop Return to Work Innovations in Consideration of Disability vs Incapacity	RMA/ Discovery/ MIBFA/ Occupational Therapist / OMP	12 August 08:00-16:30	Macsteel Boksburg	Face-to-Face	[Link]

September

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Voting AGM	N/a	9 September 13:00	Macsteel Boksburg	Face-to-Face	[Link]

October

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
LEGACY	YvonneVan Zijl	7 October 2025	Macsteel Boksburg	Hybrid	[Link]

November

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
SASOHN National Conference	TBA	TBA	TBC	TBC	[Link]