

YOU ARE CORDIALLY INVITED TO THE

SASOHN National Academic Day 2026

ON

THURSDAY **14**TH MAY 2026

08:00 - 16:00

AT

Krystal Beach Hotel, Breakwater Lane Harbour Island
Gordons Bay, Central, Cape Town, 7140

Theme: Occupational Health in South Africa: From
Risk Management to Worker Wellbeing

Price:

SASOHN Members: R1,600

Non-members: R2,600

OH Students: R1,000

Honorary Life Members: R1,000



REGISTER NOW



SASOHN National Academic Day 2026 Programme

08:00 - 08:30 Registration

08:30 - 08:45 President's Welcome Message

08:45 - 09:30 Hazard Identification and Risk Assessment (HIRA): The OHNP's Role *Speaker: Lindie Jansen van Rensburg*

09:30 - 10:15 Mental Health in the Workplace - Stress, burnout, substance abuse, and trauma-informed care. *Thobeka Phumlile Mbokazi (Social Worker, BSocSci Hons, SACSSP)*

10:15 - 10:45 TEA

10:45 - 11:30 Managing Chronic Diseases in the Working Population (HIV, TB, diabetes, hypertension) *Dr Motselisi Mokhobo (Head Of Occupational Health) & Sandy Boezak (EAP and Employee Wellness) - City of Cape Town Health*

11:30 - 12:15 The Language of Emojis "Legal & professional risks" - *Dr Sakeera Docrat*

12:15 - 13:15 LUNCH

13:15 - 13:30 Exhibitors & Lucky Draws

13:30 - 14:15 Health Promotion and Wellness Programmes in Resource-Limited Settings, *Ms. Mercia Patience (OHNP)*

14:15 - 15:15 Case Studies in Occupational Health Practice
Lindie Jansen Van Rensburg (OHNP)

15:15 - 16:00 Occupational Health Ethics and Professional Accountability *Speaker: TBC*

** NB: Please note that the programme and speaker lineup are subject to change.*