

YOU ARE CORDIALLY INVITED TO THE

# SASOHN National Academic Day 2026

ON

THURSDAY **14**<sup>TH</sup> MAY 2026

08:00 - 16:00

AT

Krystal Beach Hotel, Breakwater Lane Harbour Island.  
Gordons Bay, Central, Cape Town, 7140

Theme: Occupational Health in South Africa: From  
Risk Management to Worker Wellbeing

Price:

SASOHN Members: R1,600

Non-members: R2,600

OH Students: R1,000

Honorary Life Members: R1,000



**REGISTER NOW**



# SASOHN National Academic Day 2026 Programme

**08:00 - 08:30** Registration

**08:30 - 08:45** President's Welcome Message

**08:45 - 09:30** Hazard Identification and Risk Assessment (HIRA): The OHNP's Role *Speaker: Lindie Jansen van Rensburg*

**09:30 - 10:15** Mental Health in the Workplace - Stress, burnout, substance abuse, and trauma-informed care. *Thobeka Phumlile Mbokazi (Social Worker, BSocSci Hons, SACSSP)*

**10:15 - 10:45** TEA

**10:45 - 11:30** Managing Chronic Diseases in the Working Population (HIV, TB, diabetes, hypertension) *Dr Motselisi Mokhobo (Head Of Occupational Health) & Sandy Boezak (EAP and Employee Wellness) - City of Cape Town Health*

**11:30 - 12:15** The Language of Emojis "Legal & professional risks" - *Dr Zakeera Docrat*

**12:15 - 13:15** LUNCH

**13:15 - 13:30** Exhibitors & Lucky Draws

**13:30 - 14:15** Health Promotion and Wellness Programmes in Resource-Limited Settings, *Ms. Mercia Patience (OHNP)*

**14:15 - 15:15** Case Studies in Occupational Health Practice *Nellie Nel (OHNP)*

**15:15 - 16:00** Occupational Health Ethics and Professional Accountability *Prof. Penelope Engel-Hills*

*\* NB: Please note that the programme and speaker lineup are subject to change.*