

Western Cape Regional Academic Program – 2025



Enhancing knowledge sharing and professional development for Occupational Health professionals across regions.

Western Cape Regional Committee Members 2025

Name	Position	Contact Number	Email Address
Johanet Uys	Chairlady	068 280 4499	Johanet.uys@fruitways.co.za
Lindie Jansen Van Rensburg	Vice Chair, Education including CPD and Student Affairs	082 377 0238	lindie@emmica.co.za
Adele Warner	Treasurer & Marketing	084 370 111	adelewarner@gmail.com
Dorothy Williams	General Secretary	082 475 4875	dorothywilliams8767@gmail.com
Cherentity Snyders (Krishnamurthy)	Committee Secretary	081 518 8470	cherentysnyders@gmail.com
Xola Gladile	PR	073 116 0150	Xola.gladile@gmail.com
Beverly Jacobs	Social Responsibility	061 324 2349	Beverleyjacobs03@gmail.com
Co-opted:			
Natalie Copeling	SPM	083 440 0506	CopelingN@cput.ac.za

Notes:

- All events are subject to change. Please check for updates as needed.
- For virtual events, meeting links will be sent prior to the session.
- If attending in person, please RSVP to secure your spot.

January

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Algorithms Back-to-basics: What does SASOHN offer!	Dr Mpho Rakgoale (NIOH)	29 th - 14h00 – 16h00	Online	MS Teams Virtual session	To be send

February

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
History taking Back-to-basics: Medical Indemnity: Consent- CFP Brokers	Sr Dorothy Williams	26 th - 14h00 – 16h00	Online	MS Teams Virtual session	To be send

March

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
HRA/OREP	Various	28 th	tba	Face-to-Face	n/a

April

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Epilepsy in the Workplace Back-to-basics: Triage	Dr Greg Kew	30 th - 14h00 – 16h00	Online	MS Teams Virtual session	To be send

May

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
International Nurses Day	tba	12 th - 14h00 – 16h00	tba	tba	tba

Respiratory Impairment Back-to-basics: Eye conditions	tba	28 th - 14h00 – 16h00	Online	MS Teams Virtual session	To be send
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June

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Mental health	Various	25 th - 13h00 – 16h00	Online	MS Teams Virtual session	To be send

July

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Employees & Nutrition Back-to-basics: Urine Dipstix	tba	30 th - 14h00 – 16h00	Online	MS Teams Virtual session	To be send

August

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Fitness to work	Various	8 th - 08h00 – 16h00	Tba	Face-to-Face	n/a
AI in OH Back-to-basics: Vula App	Leon i Viljo en	27 th - 14h00 – 16h00	Online	MS Teams Virtual session	To be send

September

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
AGM -Case studies	tba	17 th - 14h00 – 16h00	TBA	Face-to-Face	n/a

October

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Diabetes in the Workplace	tba	29 th - 14h00 – 16h00	Online	MS Teams Virtual session	To be send

Back-to-
basics:
Footcare

November

Date & Time	Venue	Mode of Meeting	Comment
1	TBA	Face to Face	HLM lunch
19 – 21 November 2025	KZN Coastal	Face to Face	SASOHN National Conference